



Moving oncology care forward so that our patients can look forward to life's moments.



Chemotherapy:  
Questions to ask your  
specialist



*Making life better*

## What preparation and support do I need before my treatment starts?

1 What chemotherapy regime will I be getting?

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2 How often and for how long will each chemotherapy agent be given?

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3 Where will I get the treatments? Will I need to be admitted?

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4 How will I receive the treatments? Will I need a port?

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5 How long will each treatment session take?

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6 Can you describe what my first treatment will be like?

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7 Will I see you before each treatment session?

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8 Am I allowed to bring someone with me to the chemotherapy sessions?

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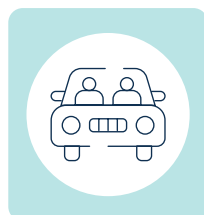
## What do I need to know about managing side-effects?

9 Will I need someone to drive me home after each session?

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10 What side-effects am I likely to have during the treatment?

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11 What side-effects am I likely to have at home after the treatment?

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12 Are there side-effects I should let you know about right away?

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13 Will I lose my hair with this chemotherapy?

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14 Who should I contact if I am worried about my side-effects?

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15 Can I take my routine medication with this treatment?

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16 Are there any foods I must not eat?

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17 Can I take supplements during the treatment?

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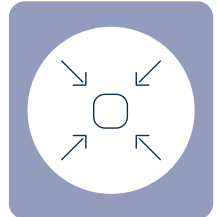


18 How will we know that the chemotherapy is working?

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## What ongoing support can help me along my treatment journey?

19 What type of caregiving will I need at home?

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### References

- Cancer.Net®. *What to Expect When Having Chemotherapy*. [online] 2021 Apr [cited 2022 Jun 27]. Available from: <https://www.cancer.net/navigating-cancer-care/how-cancer-treated/chemotherapy/what-expect-when-having-chemotherapy>

Life Oncology

[www.lifehealthcare.co.za](http://www.lifehealthcare.co.za)



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