

SA TEEN SUICIDE FACTS

DEATHS DUE TO SUICIDE

9.5% | of all teen deaths in SA are due to suicide

WARNING OF INTENTION

75% | of all suicides give some warning of their intentions to a friend or family member



**10 - 19
YRS OLD**

One of the highest risk groups for suicide

SOUTH AFRICAN RESEARCH SHOWS

23.6% | of teens are struggling with feelings of hopelessness and sadness



Research noted that more female teens commit suicide than males

1/3

A third of all hospital admissions for suicide attempts involve teens

RISK FACTORS



Presence of mental illness especially depression



Alcohol and drug abuse in the family



Previous suicide attempts in the family



Family conflicts and financial problems



Exposure to family violence or trauma



Child abuse/sexual abuse



Teenage dating relationship issues



Marital problems or conflict between parents



Rejection by friends



Bullying and cyber-bullying



School and academic problems



Overinvolved or overprotective parents



Imitation or copycat effects of suicidal behaviour

ALL SUICIDE THREATS AND ATTEMPTS SHOULD BE TAKEN SERIOUSLY

Disclaimer: This info-graphic does not cover every aspect of teen depression and suicide. Consult a doctor if you are concerned about depression and suicidal behaviour contact 011 219 9626 or mentalhealth.headoffice@lifehealthcare.co.za. The information is shared on condition that readers will make their own determination, including seeking advice from a healthcare professional. E&OE.
References: SADAG; Schlebusch, 2005; Alda Smitt, 2008

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